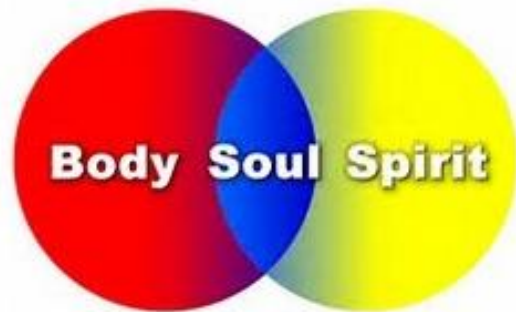


My Drift

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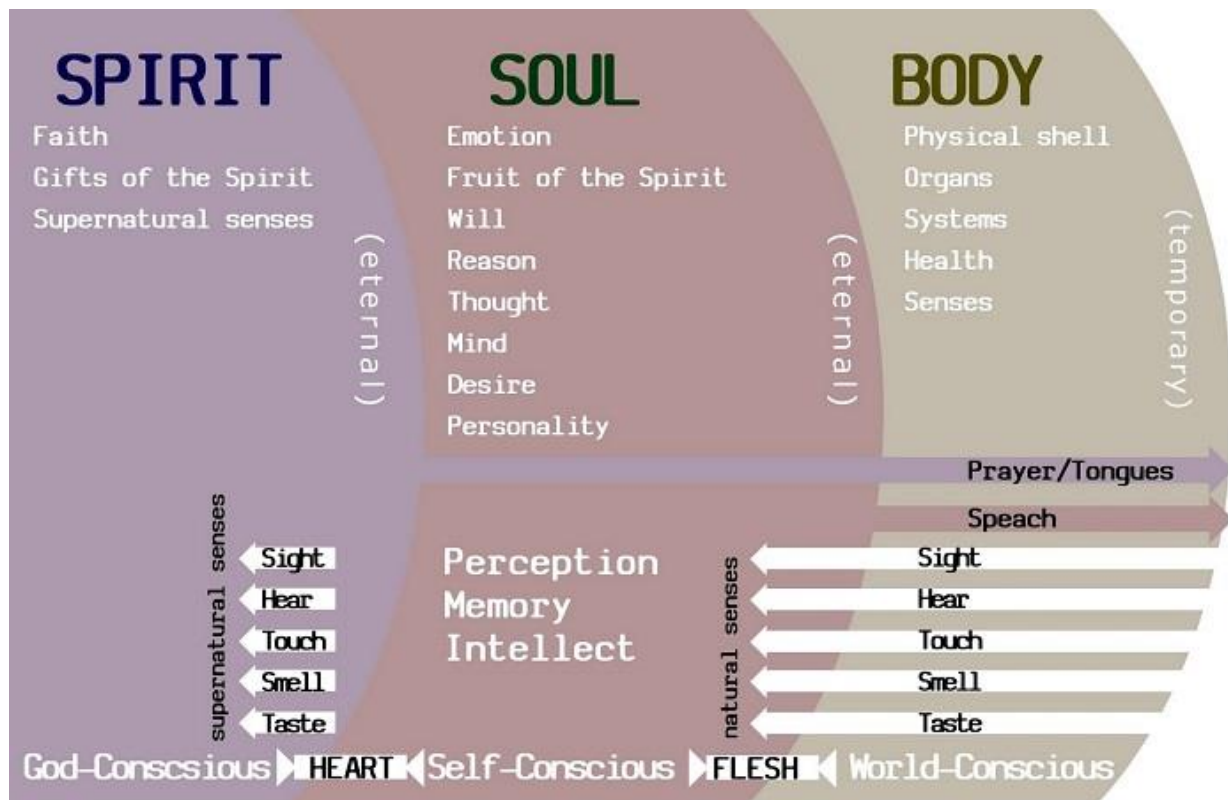


The pictures at the top explain everything you need to know about the Human Soul, Spirit, and Body. “What?”, you say. Well, understanding how these interrelate before birth, after birth, during human life, and after death is about as easy to understand as the Quantum Theory of Physics. In fact, have you heard that several scientists and religious leaders have come together to develop the Quantum Theory of Spirituality? I will touch on this later.

This article is mostly about the human soul but as you will soon find out, it is very difficult to separate your soul from your body and spirit. As with almost every article I write (especially this one), not everybody is going to agree with my views and findings. I research subjects I’m interested in and write these articles mostly for my benefit. I want to learn new things and at the same time I’m trying to keep my brain active and alive. Hopefully, you (my readers) learn a thing or two along the way.

The Human Soul definition: In most religious, philosophical and mythological traditions, the soul is the incorporeal (without a physical body) essence of a living being. In Judaism and Christianity, only human beings have immortal souls. Souls are essential parts of human beings. According to a common Christian eschatology (our final destiny), when people die, their souls will be judged by God and determined to go to Heaven or to Hell. On the other hand, most atheists don’t believe in God, spirits, souls, or anything supernatural. They think you are born, live until you die and that is it. You go back to where you came from---the dust. Period!

Take a close look at the following chart. It pretty much sums up my findings on the human body, soul, and spirit.



"We are not human beings having a spiritual experience; we are spiritual beings having a human experience." - Pierre Teilhard de Chardin

Read that quote again and then relate it to the above chart. Here is how I interrupt it: Our stay here on earth in our physical body is a very short (temporary) in our overall existence. Our spirit and soul are eternal (forever).

Read the following statements and you should have a better understanding of the relationship of our spirit, soul, and body.

Man (and women) are made up of physical material, the body, that can be seen and touched. But we are also made up of immaterial aspects, which are intangible -- this includes the spirit (faith, conscience, and supernatural senses) and soul (mind, will, emotions, desires, and your whole personality). These immaterial characteristics exist beyond the physical lifespan of the human body and are therefore eternal.

The Bible makes it clear that the soul and spirit are the primary immaterial aspects of humanity, while the body is the physical container that holds them on this earth.

Genesis 2:7 states that Man was created as a "living soul." The soul and the spirit are mysteriously tied together and make up what the Scriptures call the "heart." Our "heart" is central to our emotions and will. In mainstream biblical thought, it must be emphasized that soul is not a part of the person; it is the person.

The spirit, on the other hand, is not the person, but something interior and immaterial. Spirit was not conceived as something imaginary or intangible, but rather something very real, even if hidden from sight. Spirit is nothing else than the gift of God to every human, which inclines us toward doing what is right -- in contrast to the flesh, which inclines us towards doing what is wrong. This means that the soul has free will and must choose between spirit and flesh.

"The spirit is willing, but the flesh is weak" (Mark 14:38)



Some people view the soul and body interchangeably, while others think the soul and spirit are the same. But it's more accurate to think of them as separate components. Our soul is the conscious part of us, composed of mind (intellect), will, and emotions. It makes choices and controls our behavior by giving orders to the body. Our spirit is the subconscious part, an internal adviser to the conscious soul. It's our conscience.

Both our soul and our spirit are intangible and eternal and are housed in our body which is tangible and temporary. Our body is designed for use in this life, and when we die, we leave it behind.

What is the difference between your brain and your mind?

Brain and mind are not the same. Your brain is part of the visible, tangible world of the body. Your mind is part of the invisible, transcendent world of thought, feeling, attitude, belief and imagination. It is part of the soul. The brain is the physical organ most associated with mind and consciousness, but the mind is not confined to the

brain. The intelligence of your mind permeates every cell of your body, not just brain cells. Your mind has tremendous power over all bodily systems.

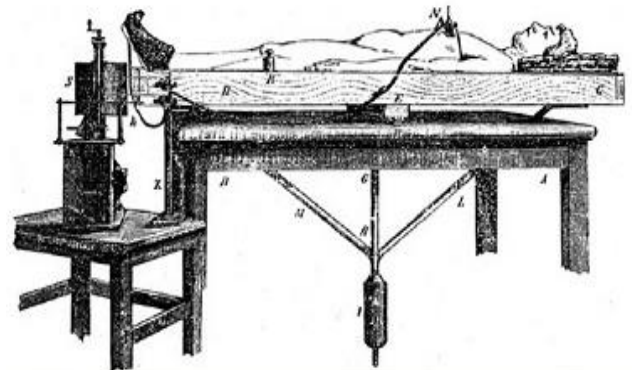
Have you ever thought about who you are... what makes you tick... or, the core of your existence? Have you sat and pondered the idea of life after death? Maybe you've heard people speak of body, soul and spirit, but you haven't given it much thought. Well, it is about time you got out of your easy chair, turn off the TV, find a quiet place, and think about your soul, your spirit, and your life after death. Your physical body is not going to live forever – you know!

You might find the following topic very interesting!!

“The human soul weighs 21 grams”

The following details an unusual experiment conducted in Dorchester, Massachusetts by Dr. Duncan MacDougall on 10 April 1907. He was going to prove that the human soul had mass, and was therefore, measurable.

Dr. MacDougall conducted this experiment on six dying patients who were placed on specially made Fairbanks Weight Scales just prior to their deaths. Dr. MacDougall's intention was to weigh each body before and after death to determine any differences measured by the delicate scales. The patients were selected based upon their imminent death. Two patients were suffering from tuberculosis, 5 were men and one was a woman.



In the company of four other doctors, Dr. MacDougall carefully measured the weight of his first patient prior to his death. Once the patient died, an interesting event occurred: “Suddenly, coincident with death, the beam end dropped with an audible stroke hitting against the lower limiting bar and remaining there with no rebound. The loss was ascertained to be three-fourths of an ounce.” (3/4 ounce = 21.3 grams)

The experiment continued with the next patient with similar results. Dr. MacDougall felt he was on to something extraordinary. A quote from the 11 March 1907 New York Times article captures the historic moment: “The instant life ceased the opposite scale pan fell with a suddenness that was astonishing – as if something had been suddenly lifted from the body. Immediately all the usual deductions were made for physical loss of weight, and it was discovered that there was still a full ounce of weight unaccounted for”.

Complete Experiment Results

Person no	Body mass (g)		
	Alive	Dead	Change (g)
1	85043	85022	-21.3
2	68515	68471	-44.0
3	76496	76453	-42.6
4	65677	65663	-14.2
5	69014	69003	-10.6
6	78020	77977	-42.6



All five doctors took their own measurements and compared their results. Not all the patients lost the same weight, but they did lose something that could not be accounted for. Unfortunately, only four of the six patient’s results could be counted due to mechanical failures or the patient dying prior to the test equipment being in place.

But what about the consistent weight loss? Everything was taken into account from the air in the lungs to bodily fluids. It still could not be explained. Following the experiment and consulting with the other attending physicians, it was determined that the average weight loss of each person was $\frac{3}{4}$ of an ounce or 21 grams.

Dr. MacDougall concluded that a human soul weighed 21 grams!

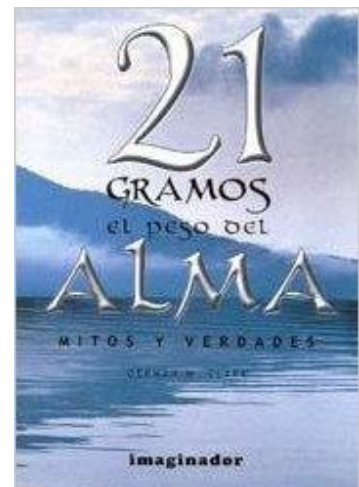
Dr. MacDougall conducted the same experiment on 15 dogs. The experiments showed no change in weight following their death. MacDougall concluded that this may signify only humans have souls.

Dr. MacDougall was a respected physician of Haverhill and the head of the Research Society that was conducting work in this field for six years prior to the experiment. Although this experiment would be considered unethical in modern times, it is still a

peculiarity that sparks a lot of criticism, ranging from the methodology used to various religious implications.

Dr. MacDougall admitted that more research needed to be done, but following these experiments, Dr. MacDougall diverted his attention to obtaining the ability to photograph the soul as it left the human body. Unfortunately, following his soul weight experiments, Dr. MacDougall failed to establish any further scientific breakthroughs. Dr. Duncan MacDougal passed away in 1920.

The 21 Gram Soul theory is popular to this day. They even made a movie about it starring Sean Penn. There have been several books and newspaper articles.



SOUL HAS WEIGHT, PHYSICIAN THINKS

Dr. Macdougall of Haverhill Tells
of Experiments at
Death.

LOSS TO BODY RECORDED

Scales Showed an Ounce Gone in One
Case, He Says—Four Other
Doctors Present.

Special to The New York Times.

BOSTON, March 10.—That the human soul has a definite weight, which can be determined when it passes from the body, is the belief of Dr. Duncan Macdougall, a reputable physician of Haverhill. He is at the head of a Research Society which for six years has been experimenting in this field. With him, he says, have been associated four other physicians.

Did you know that when someone dies their body weight drops quite suddenly?

It is not really noticeable unless you have held them close whilst they are dying, praying to every God that you won't lose them.

It is just a touch. But it's there when they leave you.

All 21 grams of it.

The weight of a stack of 8 pennies.

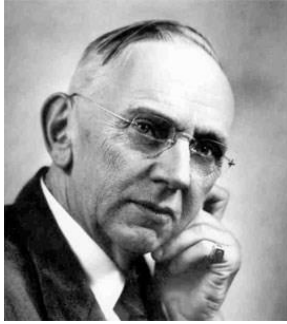
The weight of 21 paper clips.

The weight of a AA Battery.

The weight of 3 pencils.

The weight of the human soul.

Here is an article I found very interesting



**Edgar Cayce
(Psychic and Author)**

Edgar Cayce on the three levels of human consciousness

Edgar Cayce identified three levels of consciousness or "dimensions" of the human mind as: (1) consciousness, (2) subconsciousness, and (3) superconsciousness. He defined "consciousness" as the dimension of mind we are most familiar with: the level within which our personality and three-dimensional self develops and has much of its activity. He defined "subconsciousness" (soul) as being that part of our mind which bridges the outer self with the spiritual self.

According to Cayce, the subconscious mind is both in the body, through the autonomic system, and beyond the body, in the soul realms of telepathy, non-physical life, and timelessness. This subconscious mind is the "mind of the soul," says Cayce. As the mind of our outer self is the conscious mind and that portion containing our personality, so the subconscious mind contains our developing individuality, which Cayce identifies as our true self. He defined the "superconsciousness" (spirit) as the dimension of mind that is the part of us made in the image of the Creator, as recorded in Genesis 1:26. It is that part of us that is a "godling" as even the ancient Egyptians termed it. Cayce explained how our superconscious mind is something apart from anything earthly and only makes its presence known or is knowable when the conscious mind with the subconscious soul lifts itself up into the vast, expansive level that is the superconsciousness. This is the part of our being Cayce referred to when he said that, "... not only God is God, but self is a part of that oneness." To know the superconscious, Cayce says one must learn to achieve deep levels of meditation. He also said that if a dream feels more like a vision than a dream, then it most likely originated from this highest level of consciousness.

Have you ever taken the time to read about “Near-Death Experiences (NDE)” where people have died and come back to life? There are thousands of these stories out on the Internet. Some are very interesting. Here is one:

The NDE of the late Dr. Dianne Morrissey reveals how everyone consists of a physical body which operates in one dimension (the physical world), a "soul body" operating in another dimension (the astral or soul realms), and a "spirit body" operating in another dimension (the spirit realms). During Morrissey's NDE, she observed all three of her bodies (physical, soul and spirit bodies) at the same time. While immediately outside of her physical body, she spent a great deal of time wondering about her dead body and noticed how her soul body was attached to her physical body by a "silver cord". Later on during her NDE, she encounters her spirit body lying on

a kind of "heavenly bed". When this happens, she wondered how she could be three places at the same time. Here is how she describes it:

"In this rapturous place, I recognized that there were two aspects of 'me.' My soul was my consciousness, everything that had made me who I had been and what I had become. My spirit, on the other hand, was the part of me that was now transparent and glowing, dressed in white. As I looked around me, I initially found everything dimly lit. Then, I clearly saw a canopy bed resting in the center of an infinite vista stretched out before me. The bed was actually glowing within a Heavenly radiance which enveloped me as well. To my astonishment, I saw a duplicate of myself lying on the bed. 'How can there be two of me? Or three of me?' I wondered. But I was instantly reassured by the loving vibrations around me. The feeling reminded me of being reassured by a dear, trusted friend saying, 'Don't worry, all is well.' There were two things I knew for certain: first, that I was Dianne, and second, that my physical body was dead. I also knew that the duplicate of Dianne on the bed was another me, but I did not know what she represented. Now, I was beginning to feel as if I were in three places at once! One part of me was the transparent Dianne on the bed. The second was my physical body in the den, the body that no longer had life. The third part of me was my spirit, now out of its body. This part of me remained conscious and aware of all my experiences, both here and back on earth." (Dr. Dianne Morrissey)

This NDE phenomenon of encountering all three aspects of the human being also explains how experiencers have encountered living people during their NDE. In such cases, experiencers come into actual contact with the "soul body" of the living person.



Okay, now that we are in "deep-thinking mode", let's discuss the Quantum Theory of Spirituality. Do you know what Quantum Theory is? If you are clueless like I was a few months ago, you might want to read my article called "Quantum Computing" that I published on 12 January 2017.

What does Quantum Physics have to do with Spirituality? Everything! (Written by author, Holly Fox)

In order to engage the topics of the matterless, time, space and all things unseen with the naked eye (including your spirit), we will have to turn to the part of science that dares go where its linear-thinking counterparts can no longer think straight—quantum physics. Quantum physics, like the esoteric world of spirituality, is an invisible world. It proves that matter is actually energy and there are no absolutes and “at the atomic level—matter does not even exist with certainty, it only exists as a tendency to exist”. It is my theory that this tendency is the focus of our energy from thought to form and it is through this form that we literally gravitate to conceive life as we know it. Life in the matter of form is not necessary—it is just done and to find the reason why it is done is where all the answers lie and they lie beyond what we can see. If we are interested in saving the world, it is important to understand why we are here to begin with and if that gives us any indication of how we are to be “saved.”



First of all: What is quantum physics? I’m going to attempt to make this short, sweet and understandable. I preface the following statements with the fact that I am not an expert on quantum physics. A quantum is the minimum unit of any physical entity involved in an interaction. Quantum physics or quantum mechanics provides a mathematical description of the wave/particle duality and interactions of energy and matter. Basically, they are physic laws that govern all things that are of matter. If we were able to see the laws of quantum mechanics with the naked eye, it would surprise us, as these laws do not follow the laws of perception that we attribute to understanding what is happening around us, in form. In fact, quantum physics proves that atoms are made of energy and are not actually tangible matter. Therefore, what you hold in your hand on an atomic level does not even exist—it is an illusion. Our so-called reality can be called an illusion because an illusion that is something that is seen—however—is not real. One of the attributes of quantum physics that is most interesting is that it proves atoms are influenced by each other without being in direct or physical contact with the other. There is an energy that is not seen, yet can be physically detected by the behavior

of another atom. What this means is that our thoughts are energy and can alter the behavior of our cells and actually override their predisposition of behavior.

In short: everything is energy, energy influences other energy, and energy appears out of thin air. What this means is that since we are all energy, we are all connected. Matter does not separate us because—we are not matter! You and I have a whole lot more in common than you think...we are actually connected!

Since we are all made of cells and atoms, quantum physics allows us a glimpse into how this plays our illusion of reality because my dear, what we perceive does not actually exist—it is not our true reality. Quantum physics proves this. Then what is our true reality? I think it is safe to say we are particles of energy (or as I sometimes refer to energy as spirit) and because of our energies proven ability to influence, it is indeed—conscious. Here, energy can simply be concluded as consciousness. In conclusion our truth, which is our real reality is—consciousness.



So where does energy come from? I can tell you, it does not come via delivery by the Vlastic-pickle stork. We can begin to ponder the “G” word at this point but because of this old man’s bad-boy imagine, I would like to leave Him out of the equation for now. I would rather come to know what is absolute and without perception as—truth.

If truth is truth, then truth does not have an ego and therefore could not care less if we referred to what is essentially without definition with a name or not. If truth is truth, it would also be incapable of judgment because it would have nothing to judge due to its lack of perception. It would have nothing to compare itself to because it would be everything. Truth cannot be a little of something and a little of something else because in order to be truth, it has to be complete of itself and without comparison. Do you get my drift? Truth has to be everything and if truth is everything then there is no way that we are not a part of truth. Capiche?

If none of the above makes your toes curl and you would like to take a step out of science and the spiritual concepts completely, you can think about truth it in another way. Anything born of mind-body perception is categorically false, simply because my perception will be different than yours. Always. For example: If you were to put yourself into my body and do everything that I would do in a normal day with nothing being changed—you would have a different experience than myself. Why? Because we are not our bodies and you have your own past thoughts, which serve as an emotional backdrop of your own default-subconscious mind that tells you—what you see—your side of the

story. That is your perception. We do not know what we see because we only know the meanings we attach to what we see due to our past thoughts. Therefore, this also proves that what we see is not truth and as long as we are thinking from our bodies we will perceive our own illusion of reality.

Instead of allowing this information to make you sad (because I know how all of us like to be right!) consider the potential to use our minds to create a better and improved illusion of reality instead. The power of perception can be used to create your own reality and most importantly can be used to save the world. You are creating your reality anyways, you are just not aware that you are doing it. If you are aware of this— you might as well use this to your advantage. If you want to manipulate your current reality, you have to start with your beliefs. What we believe we will perceive, as our beliefs are the cause for everything—most importantly—the cause for change...

I am going to end this post with the famous quote from “A Course in Miracles” (Foundation of Inner Peace, 1976) text, which sums up perfectly everything that we have discussed today:

***Nothing real can be threatened.
Nothing unreal exists.
Herein lies the peace of God.***



So, is your mind ready to explode?

What do all these things prove?

What are the religious implications?

Does it prove that God, Spirits, and the Human Soul are real?

Some people say, “Yes” – Some people say, “No”.

You be the judge!!

I believe in God, spirits, souls, and going to heaven.

I also believe that dogs have spirits and go to heaven.

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