



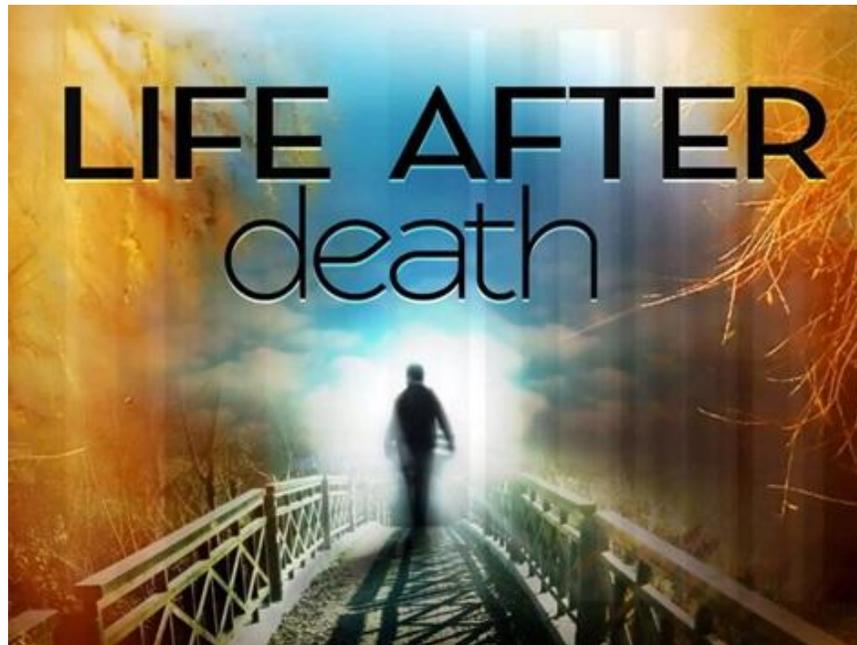
My Drift

Title: Life After Death

Written By: Jerry D. Petersen

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Overview

Life after death refers to the belief that some form of consciousness or identity continues after the physical body dies, with concepts varying across cultures and religions, including reincarnation and various spiritual realms. From a scientific perspective, there is no empirical evidence for an afterlife, as consciousness is believed to cease with brain death. Beliefs about the afterlife are often a matter of faith, philosophical interpretation, or cultural tradition, with some near-death experiences providing subjective accounts of what may lie beyond.

Religious and spiritual beliefs

Spiritual realms: Many religions, such as Christianity and Islam, posit that a soul or spirit moves to a spiritual realm after death. This can include concepts like heaven, hell, or other intermediate states, sometimes involving judgment or a reckoning of one's life.

Reincarnation: In this belief system, the soul is reborn into a new physical body. This cycle of death and rebirth continues until a state of liberation or enlightenment is achieved, a central concept in religions like Hinduism and Buddhism.

Continuity of energy: Some perspectives suggest that the individual's energy or spirit continues to exist in a different time or space or remains connected to loved ones.

Scientific and Philosophical Views

Scientific perspective: The scientific consensus is that consciousness is a product of the brain and ceases to exist when the brain dies. There is no verifiable proof to support the idea of a continued consciousness after death.

Philosophical perspective: The topic is a subject of ongoing philosophical debate, with some theories suggesting consciousness is a fundamental aspect of the universe that may exist independently of the physical body.

Near-death Experiences (NDEs)

Some people who have been resuscitated after being clinically dead report similar experiences, such as seeing a bright light, moving through a tunnel, or feeling a sense of peace.

These accounts are subjective, and while they are a source of curiosity, they are not considered scientific proof of an afterlife.

Cultural and personal beliefs

Belief in an afterlife is shaped by cultural backgrounds, religious teachings, and personal experiences.

For many, the concept provides comfort, hope, and a sense of meaning in life and during times of grief.

Does your Soul have Mind and Memory after Death?

Whether a soul retains mind and memory after death depends on belief systems, with many spiritual traditions (like Hinduism and some Christian views) saying yes, the soul carries life's experiences and memories, sometimes even recalling past lives, while a scientific perspective holds that consciousness and memory are tied to the brain and cease with death, though some philosophies explore mind-body dualism where immaterial mind persists.

Belief Systems (Yes, the Soul Retains Memory)

Hinduism: The Atman (soul) carries Samskaras (personality traits and impressions) and memories across lifetimes (reincarnation), though specific human memories may fade during incarnation.

Spiritual/Mystical Views: Souls may hold memories from all time, work as guides, or develop in the afterlife, with some reporting clear memories in near-death experiences (NDEs).

Mind-Body Dualism: Some philosophies suggest the immaterial mind/soul acts as a vessel for consciousness, separate from the physical brain, allowing for continuity.

Scientific/Materialist View (No, Memory Ends)

Neuroscience: Consciousness and memory are seen as emergent properties of the brain's neural networks.

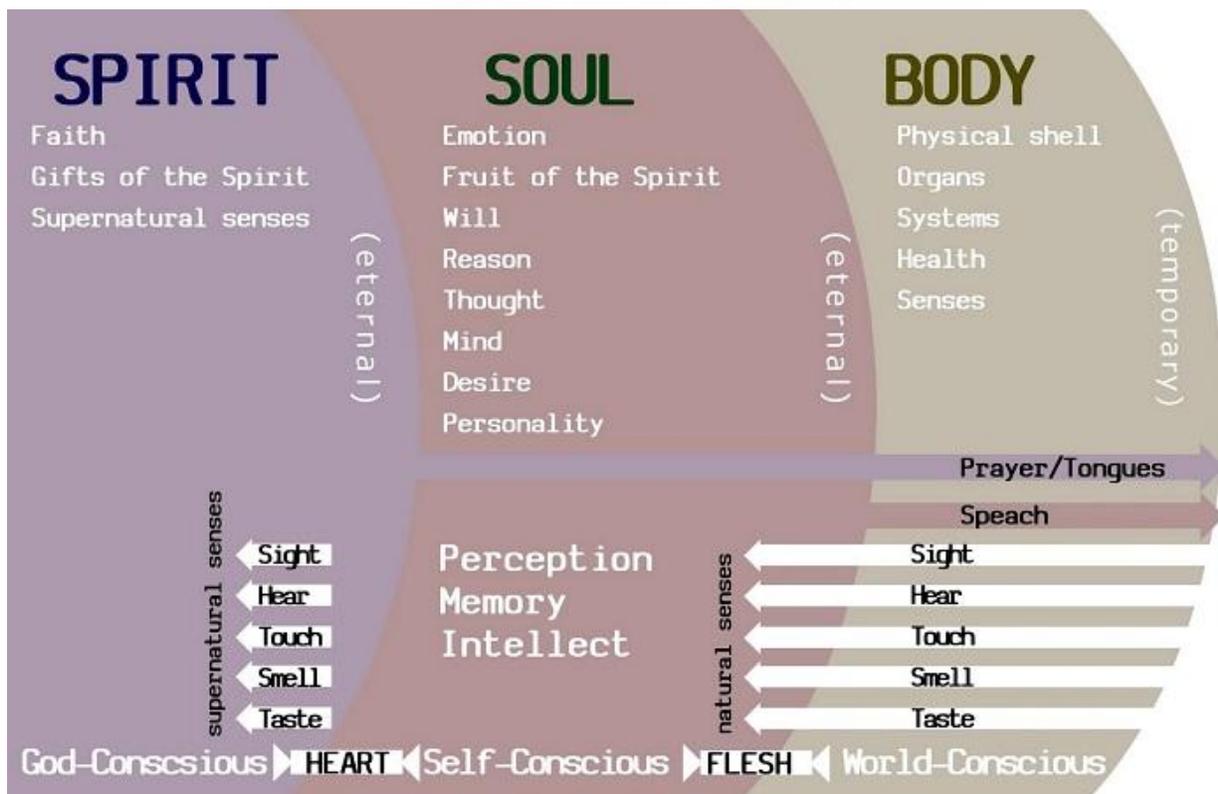
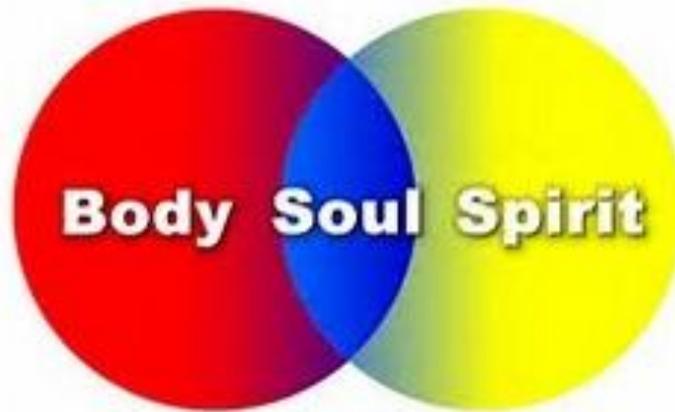
Cessation of Function: When the brain dies, these functions cease, meaning the individual, as a conscious entity with memories, ceases to exist.

Key Differences in Understanding

Soul vs. Brain: The debate often hinges on whether memories are stored in the brain or exist with the soul, with spiritual views suggesting the latter, even if the "storage" metaphor doesn't perfectly apply to an immaterial soul.

Evidence: Spiritual beliefs rely on reported experiences (like NDEs or past-life memories), while science finds no verifiable evidence for consciousness beyond brain death.





Humans are made up of physical material, the body, that can be seen and touched. But we are also made up of immaterial aspects, which are intangible - this includes the spirit (faith, conscience, and supernatural senses) and soul (mind, will, emotions, desires, and your whole personality). These immaterial characteristics exist beyond the physical lifespan of the human body and are therefore eternal.

The Bible makes it clear that the soul and spirit are the primary immaterial aspects of humanity, while the body is the physical container that holds them on this earth.

"We are not human beings having a spiritual experience; we are spiritual beings having a human experience." - Pierre Teilhard de Chardin

Read that quote again and then relate it to the above chart. Here is how I interrupt it: Our stay here on earth in our physical body is a very short (temporary) in our overall existence. Our spirit and soul are eternal (forever).

Read the following statements and you should have a better understanding of the relationship of our spirit, soul, and body.

The Human Soul

Did you know that:

“The human soul weighs 21 grams”?

Yes, it's true. Multiple tests have been conducted over the years weighing a person close to death and then again just after death. The weight difference was an average of 21 grams or $\frac{3}{4}$ ounce.

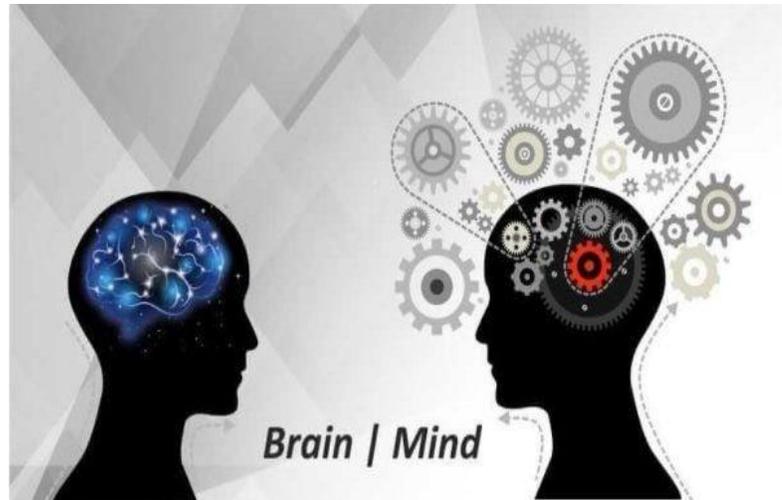
Some people view the soul and body interchangeably, while others think the soul and spirit are the same. But it's more accurate to think of them as separate components. Our soul is the conscious part of us, composed of mind (intellect), will, and emotions. It makes choices and controls our behavior by giving orders to the body. Our spirit is the subconscious part, an internal adviser to the conscious soul. It's our conscience.

Both our soul and our spirit are intangible and eternal and are housed in our body, which is tangible and temporary. Our body is designed for use in this life, and when we die, we leave it behind.

What is the difference between your brain and your mind?

Brain and mind are not the same. Your brain is part of the visible, tangible world of the body. Your mind is part of the invisible, transcendent world of thought, feeling, attitude, belief and imagination. It is part of the soul. The brain is the physical organ most associated with mind and consciousness, but the mind is not confined to the brain. The intelligence of your mind permeates every cell of your body, not just brain cells. Your mind has tremendous power over all bodily systems.

Death takes the body. God takes the soul. Our mind holds the memories. Our heart keeps the love. Our faith lets us know we will meet again.



Have you ever thought about who you are... what makes you tick... or the core of your existence? Have you sat and pondered the idea of life after death? Maybe you've heard people speak of body, soul and spirit, but you haven't given it much thought. Well, it is about time you got out of your easy chair, turn off the TV, find a quiet place, and think about your soul, your spirit, and life after death. Your physical body is not going to live forever – you know!

Have you ever taken the time to read about “Near-Death Experiences (NDE)” where people have died and come back to life? There are thousands of these stories out on the Internet. Some are very interesting. Here is one:

The NDE of the late Dr. Dianne Morrissey reveals how everyone consists of a physical body which operates in one dimension (the physical world), a "soul body" operating in another dimension (the astral or soul realms), and a "spirit body" operating in another dimension (the spirit realms). During Morrissey's NDE, she observed all three of her bodies (physical, soul and spirit bodies) at the same time. While immediately outside of her physical body, she spent a great deal of time wondering about her dead body and noticed how her soul body was attached to her physical body by a "silver cord". Later on during her NDE, she encounters her spirit body lying on a kind of "heavenly bed". When this happened, she wondered how she could be in three places at the same time.

Here is how she describes it:

"In this rapturous place, I recognized that there were two aspects of 'me.' My soul was my consciousness, everything that had made me who I had been and what I had become. My spirit, on the other hand, was the part of me that was now transparent and glowing, dressed in white. As I looked around me, I initially found

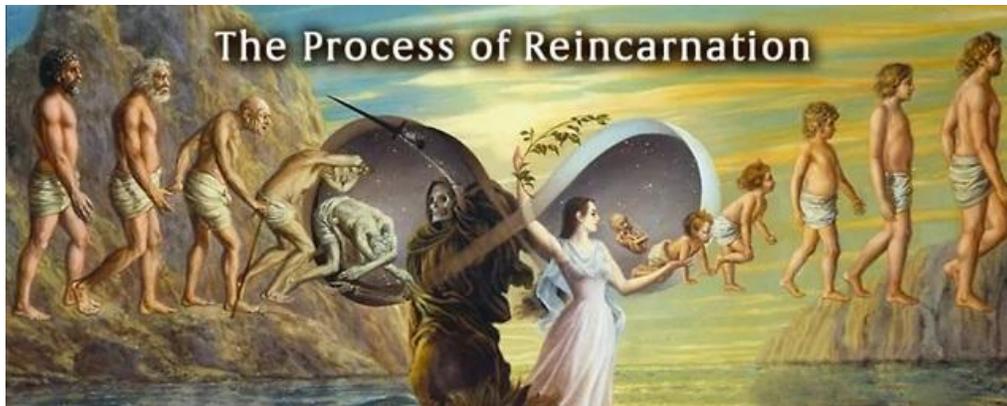
everything dimly lit. Then, I clearly saw a canopy bed resting in the center of an infinite vista stretched out before me. The bed was actually glowing within a Heavenly radiance which enveloped me as well. To my astonishment, I saw a duplicate of myself lying on the bed. 'How can there be two of me? Or three of me?' I wondered. But I was instantly reassured by the loving vibrations around me. The feeling reminded me of being reassured by a dear, trusted friend saying, 'Don't worry, all is well.' There were two things I knew for certain: first, that I was Dianne, and second, that my physical body was dead. I also knew that the duplicate of Dianne on the bed was another me, but I did not know what she represented. Now, I was beginning to feel as if I were in three places at once! One part of me was the transparent Dianne on the bed. The second was my physical body in the den, the body that no longer had life. The third part of me was my spirit, now out of its body. This part of me remained conscious and aware of all my experiences, both here and back on earth." (Dr. Dianne Morrissey)

This NDE phenomenon of encountering all three aspects of the human being also explains how experiencers have encountered living people during their NDE. In such cases, experiencers come into actual contact with the "soul body" of the living person.



More Evidence that there is Life After Death and You will Never Die **Reincarnation**

What is reincarnation? Reincarnation is the belief that after death, a soul or consciousness is reborn into a new physical body, continuing a cycle of life, death, and rebirth (samsara) driven by karma, with the ultimate goal often being spiritual liberation (moksha or nirvana). Central to Eastern religions like Hinduism, Buddhism, Jainism, and Sikhism, it's also found in some Western spiritual traditions, ancient Greek philosophy, and certain Indigenous beliefs, representing a journey of spiritual evolution

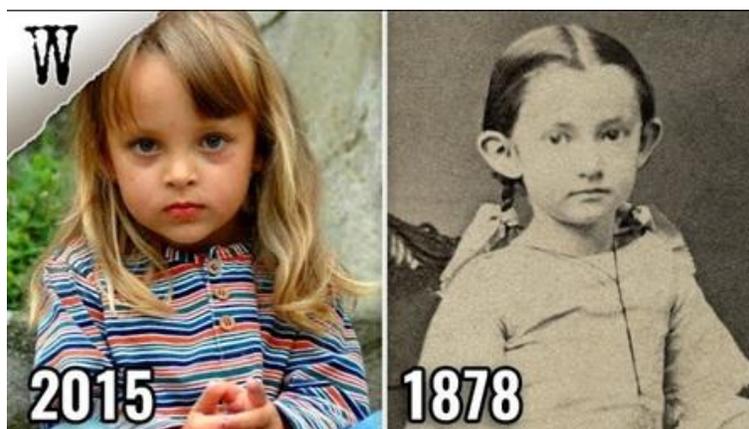


Do you believe in reincarnation? A recent survey indicated that about 20% of Americans do.

Around 70% of Americans believe in some form of life after death.

Children Who Recall a Past Life

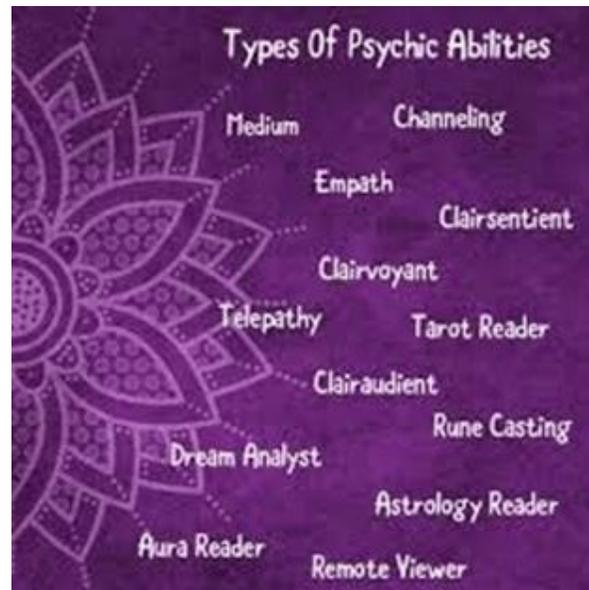
Researchers at the University of Virginia have been conducting research into children's memories for more than fifty years. As a result, they have in excess of 3000 cases in their files of children who seemed to recall experiences of past lives, documenting what they said and comparing data with the lives of people who they claimed to have been. Unlike those who use hypnosis as a method of obtaining information on alleged past lives, they based their studies on children from 2 to 4 years old who apparently could remember episodes from their past lives and provide data that could be checked. They found that these memories typically fade away by age 7. Many cases they researched seem to have ended in a violent death. In several cases, the collected testimony and medical records related to birthmarks and birth defects that appeared to correspond to the type of death described by children and reported in autopsies of the people who they claimed to be.



Psychics and Mediums

What is the difference between a psychic and a medium?

A psychic perceives information through nonphysical means, while a medium is a specific type of psychic who can communicate with the spirits of the dead. All mediums are psychics, but not all psychics are mediums. Psychics often focus on insights about a person's life, past, and potential future, while mediums specifically relay messages from the deceased to provide healing and closure.



Another important distinction is that while psychic readings often focus on predicting future events, mediums primarily tune into past and present issues. Predicting the future, while sometimes helpful, runs the risk of disempowering people. Always remember that you do have a say in how your future unfolds. Despite what any psychic or medium may "see" in your future, it is important to remember you were given the gift of free will when you came into this world, and at any moment in time you can absolutely redirect your course and create the life you want by changing your thoughts and actions. Psychic information is often just insight into what potentially could happen based on the road you are currently traveling—and it should be used only as a guideline to help you make the best choices for yourself.

Are Psychics and Mediums Real?

From my own experience and research, the answer is YES. Most Psychics and Mediums are real, but you need to be careful because there are a lot of fake psychics out there. They are called fraudsters, charlatans, hucksters, or imposters, and the practice psychic fraud, often using deception, cold reading,

and psychological tricks to exploit vulnerable people for money or status, preying on hopes for love, health, or wealth.

Here is an example of what a Medium can do.

A lady living in Sedona, Arizona had just lost her 24-year-old son, Kevin. The following is her experience:

While visiting friends in Flagstaff, my friend told me about a psychic medium her sister had gone to after losing her husband ten years earlier. Convinced she had been connected with her husband, she gained a great deal of solace from the reading. I was in such despair, I felt I had nothing to lose.

When I called, she graciously rearranged her schedule in order to see me the next day. I only told her my first name, and that I had lost a son two months earlier. She requested that I bring a cassette tape for recording, a photo of my son, and something of mine for her to hold during the reading.

I was nervous as I walked up the steps of a nice, but unassuming home, in Sedona. Before starting. I asked if she wanted any additional information. She declined, explaining she only wanted to know what his spirit had to say. I thought to myself, she just might be the real deal.

The following two-hour session was the most amazing experience of my life! I have never been so astounded as when this woman reported detail after detail about Kevin. She described his relationship to each of us, what he loved to do, how he hadn't been able to handle money, and how sorry he was for dying because he loved his life and that was not his intention. He explained to her about the troubled relationship with his ex-girlfriend. He also asked me not to be angry with her since what happened had been his own "stupid fault."

During the reading, this woman repeatedly coughed, complained of shortness of breath, and of having a heavy sensation in her chest. An hour into the reading, I revealed my son had died by inhaling computer duster, causing him to asphyxiate. She offhandedly responded, "Oh, that is why I'm feeling this way," and continued with the reading.

I would say that at least 90% of what she told me about him was spot-on. These were specific details that she could not have learned from any other source, and I didn't give her any clues through my reactions. Needless to say, she made a believer out of me.

I left the psychic's home feeling happy for the first time since losing Kevin.

Ghosts and Spirits

The main difference is that spirits are often considered to be the conscious souls of the deceased that have moved on and can interact with the living, while ghosts are typically seen as lingering, earthbound energy or a replay of past events without true consciousness. Spirits are thought to be able to choose to visit, while ghosts are often trapped by unresolved issues like trauma or unfinished business, making them less intentional.



Ghost

Consciousness: Often considered to be a residual energy that repeats a past event without full awareness.

Reason for lingering: Tied to a specific location due to trauma, strong emotional bonds, or unfinished business.

Interaction: May appear as apparitions or cause unexplained phenomena without a true, interactive presence.

Spirit

Consciousness: Believed to be the soul of a deceased person that has transitioned to the afterlife and retains consciousness.

Reason for returning: Can choose to return to the living world, often as a messenger or to provide comfort, because they have an emotional connection to a person or place.

Interaction: More likely to be interactive and can be seen as a benevolent or neutral force, though this varies by belief system.

The Power of Prayer

The power of prayer lies in its profound impact on mental, emotional, and spiritual well-being, offering comfort, reducing stress, fostering hope, and creating a sense of connection, often through focusing positive intentions, seeking divine guidance, or engaging in community support. While scientifically measurable benefits include improved mood and lower anxiety, its essence is deeply personal, serving as a tool for personal growth, resilience, and finding purpose by connecting to something greater than oneself, whether through quiet reflection or communal worship.



Psychological and Emotional Benefits

Stress Reduction: Prayer can act as a coping mechanism, lowering stress, anxiety, and negative emotions, promoting a more optimistic outlook.

Improved Mood: Focusing on gratitude and positive goals through prayer can improve mood and resilience.

Sense of Purpose: It provides meaning and a greater sense of purpose, helping individuals navigate life's challenges.

Inner Peace and Hope: Prayer offers comfort, hope, and a feeling of being connected to a higher power or universal support.

Spiritual and Personal Growth

Connection: Prayer creates a bridge to the divine, fostering a deeper relationship with God or a higher power.

Guidance: It's a way to seek direction and clarity, helping individuals discern paths and make decisions.

Virtue Cultivation: Consistent prayer can build virtues like humility, compassion, and forgiveness.

Resilience: It equips individuals with inner strength and trust to overcome adversity.

Practical Applications and Forms

Communication: Prayer is a form of communication but also involves listening for divine guidance amidst life's "static".

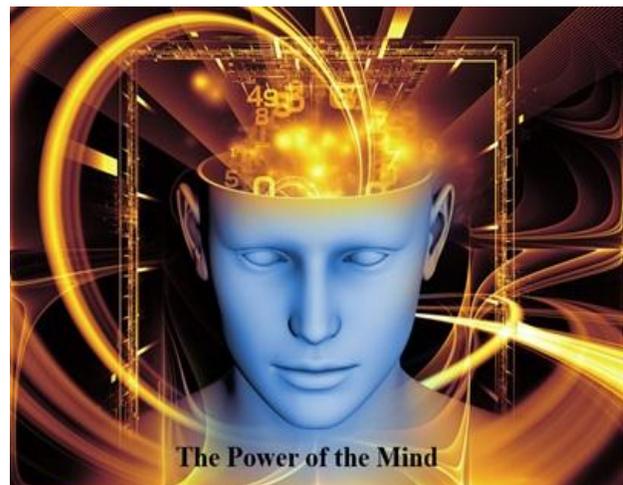
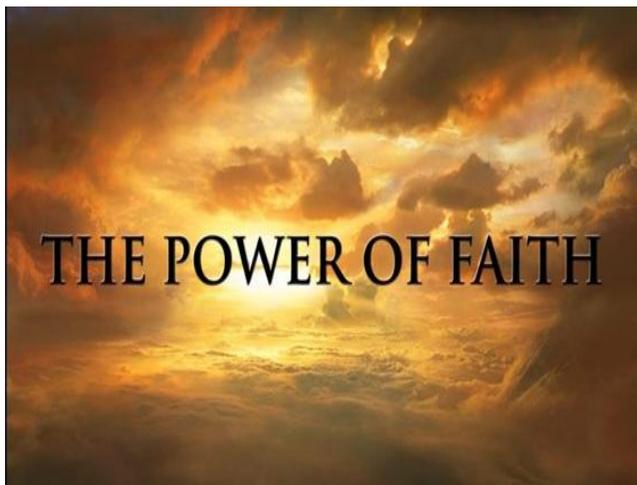
Focus and Intention: It's a practice of aligning thoughts and focusing intentions, not just asking for things.

Community: Group prayer provides social support and reinforces shared beliefs, increasing feelings of belonging.

Beyond Words: Prayer can be silent contemplation, spoken words, or heartfelt emotion, encompassing gratitude, requests, and adoration.

The Power of Faith and the Mind

The power of faith and the mind is profound, showing how belief and thought profoundly shape our reality, emotions, and health; faith acts as a mental framework, providing hope, reducing fear, and fostering resilience by trusting in something greater, which science links to specific neural pathways that enhance empathy and peace, while positive thinking, guided by faith, re-wires the brain to focus on growth and purpose, transforming challenges into lessons for spiritual and personal development.



How faith impacts the mind and brain:

- **Neuroplasticity:** Practices like prayer and reflection can strengthen neural circuits for compassion and empathy, reducing negativity.
- **Relationship with God:** Viewing God as loving, rather than judgmental, is linked to better mental health, with prayer resembling a social connection in the brain.
- **Reduces Fear:** Faith offers an alternative to doubt, promoting optimism and allowing individuals to trust in positive outcomes even without proof, weakening fear's grip.

The mind's role in shaping faith and life:

Thought as Seed: What you consistently think about (God's promises, purpose) grows to define your life, leading to peace, joy, or negativity, depending on your focus.

Renewing the Mind: Actively choosing to fill your mind with truth and faith (like renewing your mind with God's word) transforms your living, making Christ the center.

Connecting the Dots: Faith allows you to see past struggles as purposeful steps, building trust that life unfolds for growth, turning wounds into wisdom and suffering into strength.

Practical Application:

Positive Focus: Choose to focus on God's promises and positive truths rather than fear and doubt.

Spiritual Disciplines: Engage in prayer and reflection to cultivate spiritual strength and a grounded perspective.

Transformative Thinking: Recognize that your internal perspective dictates your reaction to external events, allowing faith to guide your interpretation.

Quantum Theory of Spirituality

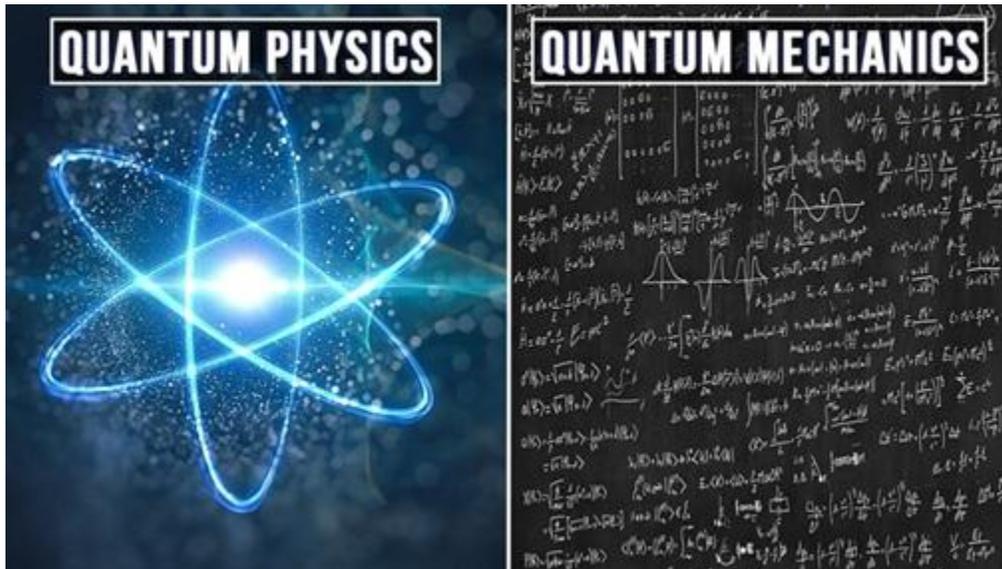
Okay, now that we are in “deep-thinking mode”, let’s discuss the Quantum Theory of Spirituality. Do you know what Quantum Theory is? If you are clueless like I was a few years ago, you might want to read my article called “Quantum Computing” that I published on 12 January 2017.

Here is another article that kind of explains it:

What does Quantum Physics have to do with Spirituality? Everything!

(Written by author, Holly Fox)

In order to engage the topics of the matterless, time, space and all things unseen with the naked eye (including your spirit), we will have to turn to the part of science that dares go where its linear-thinking counterparts can no longer think straight—quantum physics. Quantum physics, like the esoteric world of spirituality, is an invisible world. It proves that matter is actually energy and there are no absolutes and “at the atomic level—matter does not even exist with certainty, it only exists as a tendency to exist”. It is my theory that this tendency is the focus of our energy from thought to form and it is through this form that we literally gravitate to conceive life as we know it. Life in the matter of form is not necessary—it is just done and to find the reason why it is done is where all the answers lie and they lie beyond what we can see. If we are interested in saving the world, it is important to understand why we are here to begin with and if that gives us any indication of how we are to be “saved.”



What is quantum physics? I’m going to attempt to make this short, sweet and understandable. I preface the following statements with the fact that I am not an expert on quantum physics. A quantum is the minimum unit of any physical entity involved in an interaction. Quantum physics or quantum mechanics provides a mathematical description of the wave/particle duality and interactions of energy and matter. Basically, they are physic laws that govern all things that are of matter. If we were able to see the laws of quantum mechanics with the naked eye, it would

surprise us, as these laws do not follow the laws of perception that we attribute to understanding what is happening around us, in form. In fact, quantum physics proves that atoms are made of energy and are not actually tangible matter. Therefore, what you hold in your hand on an atomic level does not even exist—it is an illusion. Our so-called reality can be called an illusion because an illusion that is something that is seen—however—is not real. One of the attributes of quantum physics that is most interesting is that it proves atoms are influenced by each other without being in direct or physical contact with the other. There is an energy that is not seen yet can be physically detected by the behavior of another atom. What this means is that our thoughts are energy and can alter the behavior of our cells and actually override their predisposition of behavior.



In short, everything is energy, energy influences other energy, and energy appears out of thin air. What this means is that since we are all energy, we are all connected. Matter does not separate us because—we are not matter! You and I have a whole lot more in common than you think...we are actually connected!

Since we are all made of cells and atoms, quantum physics allows us a glimpse into how this plays our illusion of reality because what we perceive does not actually exist—it is not our true reality. Quantum physics proves this. Then what is our true reality? I think it is safe to say we are particles of energy (or as I sometimes refer to energy as spirit) and because of our energies proven ability to influence, it is indeed—conscious. Here, energy can simply be concluded as consciousness. In conclusion our truth, which is our real reality is—consciousness.

So where does energy come from? I can tell you, it does not come via delivery by the Vlastic-pickle stork. We can begin to ponder the “G” word at this point but because of this old man’s bad-boy imagine, I would like to leave Him out of the equation for now. I would rather come to know what is absolute and without

perception as—truth. If truth is truth, then truth does not have an ego and therefore could not care less if we referred to what is essentially without definition with a name or not. If truth is truth, it would also be incapable of judgment because it would have nothing to judge due to its lack of perception. It would have nothing to compare itself to because it would be everything. Truth cannot be a little of something and a little of something else because in order to be truth, it has to be complete of itself and without comparison. Do you get my drift? Truth has to be everything and if truth is everything then there is no way that we are not a part of truth. Capiche?

If none of the above makes your toes curl and you would like to take a step out of science and the spiritual concepts completely, you can think about truth in another way. Anything born of mind-body perception is categorically false, simply because my perception will be different than yours. Always. For example: If you were to put yourself into my body and do everything that I would do in a normal day with nothing being changed—you would have a different experience than myself. Why? Because we are not our bodies and you have your own past thoughts, which serve as an emotional backdrop of your own default-subconscious mind that tells you—what you see—your side of the story. That is your perception. We do not know what we see because we only know the meanings we attach to what we see due to our past thoughts. Therefore, this also proves that what we see is not truth and as long as we are thinking from our bodies we will perceive our own illusion of reality.

Instead of allowing this information to make you sad (because I know how all of us like to be right!) consider the potential to use our minds to create a better and improved illusion of reality instead. The power of perception can be used to create your own reality and most importantly can be used to save the world. You are creating your reality in many ways, you are just not aware that you are doing it. If you are aware of this—you might as well use this to your advantage. If you want to manipulate your current reality, you have to start with your beliefs. What we believe we will perceive, as our beliefs are the cause for everything—most importantly—the cause for change.

Due to over whelming evidence that there is life after death and technical advances in such things as quantum physics, many people (including scientists) now believe religion and science can, and should, go hand in hand, viewing them as complementary ways to understand our existence—science explains the "how" (natural phenomena through observation) while religion explores the "why" (purpose, meaning, and morality).

Conclusion

I am going to end this article with the famous quote from “A Course in Miracles” (Foundation of Inner Peace) text, which sums up perfectly everything that we have discussed today:

*Nothing real can be threatened.
Nothing unreal exists.
Herein lies the peace of God.*



So, is your mind ready to explode?

What do all these things prove?

What are the religious implications?

Does it prove that God, Spirits, and the Human Soul are real?

Some people say, “Yes” – Some people say, “No”.

You be the judge!!

I believe in God, ghosts/spirits, souls, and going to heaven.

I also believe that dogs have spirits and go to heaven.



Additional Reading Material

If you are interested in Life after Death, I recommend you read the following book (206 pages) which I have found in PDF format and included it with this article:

**Life After Death,
Powerful Evidence
You Will Never Die
Written by
Stephen Hawley Martin**

Bigdrifter44@gmail.com

Bigdrifter.com